

### •MORALE•WELFARE & RECREATION

# Your Service Provider throughout the Caribbean



•Mr. Freddie L. Giddens, DMWR Director •T- 787-707-3530 • Bldg 1018-D, Buchanan Heights

**DMWR Admin. Officer** Ms. Debra Chesson • T- 787-707-3135

Community & Family Activities
Program Manager, Ms. Odette C. Ortiz •
T- 787-707-2976 • Bldg 1018-C,
Buchanan Heights

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• Chief: Tammy Hite • T- 787-707-3373• Bldg.
1018-D, Buchanan Heights

Community Recreation Division • Chief: Ms. Mary Davison • T- 787-707-3301 • Bldg. 1018-C, Buchanan Heights

Child & Youth Services • Chief: Dr. Irma Julia T-787-707-3399 • Bldg. 1020-A Buchanan Heights

Army Community Service • Director: Mr. Rafael Gilestra •T- 787-707-3292/3804 • Bldg. 1019-A,
Buchanan Heights

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> For information, suggestions or for commercial advertisement opportunities:

MWR Marketing, Advertising & Comm. Sponsorship
T. 787-707-3719/3711
F. 787-707-3715 or
myrna.narvaez@us.army.mil





# DMWR Employee of the Month for March 2006

#### Michelle Brown

from MWR Marketing, Advertising & Commercial Sponsorship.

The Runner-up for the month was Nilda Angueira, from Child Development Center.

### Leadership Styles Contest

What is your leadership philosophy?

A PRIZE awarded monthly to the first participant to submit the correct answer. Send your selection thru e-mail no later than 17 April to: myrna.narvaez@us.army.mil

Which one of the MWR leaders listed below do you think matches with the leadership style quoted?

"I think most employees really do want to make a contribution to the Morale, Welfare and Recreation (MWR) programs for success. If we create the right culture within the MWR and give people the opportunity to use their knowledge, their creativity, and their experience, we don't have to think up artificial ways to motivate them. I see my job and that of my management team, as finding ways to empower our people to make more and more decisions. We need to think about empowering them all the time, because giving power to our employees creates motivation and excitement.

Do what is right. There are many interpretations of right and wrong. But if we take the information available and develop a course of action with the given information that is designed to accomplish what ought to be done and then act upon that course of action; then we have done what is right regardless of whether or not we wanted to do it and regardless of the outcome. No one can fault us for trying to do what ought to be done when it ought to be done even if it does not work out as we expected. If the given information changes, make a mid-course correction and reformulate what it is that we ought to be doing. Do what's right, legally and morally."

A) Rafael Gilestra

B) Tammy Hite

C) John P. Faass

D) Irma Julia

(MWR employees that work in the same division and/or for the unknown leader cannot win the prize.)

Last month's leadership styles winner was: Carmen Hernández from CYS. The correct answer was Ms. Wilda Díaz, FAP Manager at Army Community Service.

### •MORALE•WELFARE & RECREATION

# Your Service Provider throughout the Caribbean





At Buchanan Bowl starting Memorial Day weekend (27 May 2006) through Labor Day (4 September 2006).

If you are 10-18 years old you can get your stamp cards in the schools, youth centers and other MWR locations to the end of the school year. The card has 101 squares corresponding to the calendar days above, and entitles the card-holder to one free game of bowling every day during the promotion period.

Cards with at least ten stamps will be entered into a drawing for local prizes. First prize is an iPod Shuffle and second prize is a portable DVD player. Only one entry card per child allowed.

Of the cards, drawn, the card with the most stamps/games bowled will win the  $I^{\text{st}}$  place prize. The card with the  $2^{\text{nd}}$  highest number of stamps will win the  $2^{\text{nd}}$  place prize, and so on until all the prizes are awarded.

Drawing for the National Grand Prize Sweepstakes will be held during the first 2 weeks of October 2006. The Sweepstake's I<sup>ST</sup> place gets: All-expense paid trip for 4 to an Aly & AJ concert sponsored by Hollywood Records. Trip will include airfare, hotel, tickets to the show and a meet-n-great opportunity. Winner must be an authorized MWR patron, between the ages of 10-18. One adult parent of the winner or guests must accompany the group. Official rules available at the Bowling Center.



where to go for fun!

# COMMUNITY CLUB & CONFERENCE CENTER

#### May 21 is Waitstaff Day

and it's time for us to reach out to the people who are always at our service every time we walk into a restaurant. Share a thought to make them happy.

**Breakfast** • Monday - Friday, 6:30-9 am. \$5 per person

#### Catering Services

• Tuesday - Friday, 8 am - 3 pm. **Saturdays by appointment only.** Call 787-707-3535, x-206 for details.

#### **Bingo Nights**

• Tuesday & Thursday 6 pm (Cards sold at 5:30 pm)

# Thursdays & Fridays Social Evenings

**Borinquen Bar:** Free admission, Thursdays 4-10 pm. Fridays 4 pm - 1 am, featuring DJ Music.



and other types of weaves and knitting. This festival, which also offers music, typical food and beverage is celebrated in Isabela, northeast coast of the Island. 05/13/ 2006 to 05/14/2006 • Phone: (787) 872-547

demonstrations of

#### Imani Winds / Conjunto de Vientos With Rene Marie

Place: Centro de Bellas Artes Luis A. Ferré • Price \$17 - \$40 • Date: May-04-06 Tickets by Ticketpop

#### Ednita Nazario Con Su Gente

Place: Centro de Bellas Artes Luis A. Ferré Price: \$75 - \$125 • Date: May-05-06 Tickets by Ticketcenter

#### Residente Calle 13

Place: Coliseo de Puerto Rico Price: \$35 - \$85 • Date: May-06-06 Tickets by Ticketpop

#### La Secta All Star Acustico

Place: Centro de Bellas Artes Luis A. Ferré Price: \$35 - \$55 • Date: May-06-07-06 Tickets by Ticketcenter

#### Requiem de Wolgang Amadeus Mozart

Place: Centro de Bellas Artes Luis A. Ferré Price: \$10 -\$20 • Date: May-07-06 Tickets by Ticketcenter

Marcos Witt • Place: Centro de Bellas Artes Luis A. Ferre • Price: \$35 -\$55 • Date: May-10-06 Tickets by Ticketpop



## A Groovy Night con Gloria Gaynor & Village People

CHANAN, PR

We are

because

you are

serving you

protecting us.

Place: Coliseo Roberto Clemente Price: \$50 -\$60 • Date: May-13-06 Tickets by Ticketpop

#### Historia de La Salsa, El Concierto

With Ismael Miranda, Andy Montañez, Cano Estremera, Luiggi Texidor and more. Place: Hipódromo el Comandante en Canovanas. Price: \$15 • Date May-13-06 • Tickets by Ticketpop

#### Marco Antonio Muñiz

Place: Ball Room/Caribe Hilton Price: \$70 - \$95 • Date: May-13-14-06 Tickets by Ticketpop

#### **Marc Antony**

Place: Coliseo Roberto Clemente Price: \$175 -\$250 • Date: May-14-06 Tickets by Ticketcenter

#### Limit-21 15 Años de Historia

Place: Coliseo Roberto Clemente Price: \$25 -\$55 • Date: May-20-06 Tickets by Ticketpop

#### Reik

Place: Centro de Bellas Artes Luis A. Ferré Price: \$45 -\$65 • Date: May-21-06 Tickets by Ticketcenter

#### Wisin & Yandel

Place: Centro de Bellas Artes Luis A. Ferré Price: \$45 -\$65 • Date: May-27-06 Tickets by Ticketcenter

FOR MORE INFORMATION ON LOCAL ATTRACTIONS LOG TO:

gotopuertorico.com



#### Welcome to your Library!

The Library will be closed Saturday, 6 May for floor maintenance.

#### Library

- Acting Manager: Eva Cabañas
- Telephone: 787-707-3208 • Fax: 787-707-3480/3210
- E-mail:

eva.cabanas@us.army.mil

Operating Hours: Mon - Thu 10 am- 8 pm Fri 10 am - 6 pm Sat 10 - 5 pm Sun & Hol Closed

### **Pre-School Story Time with a Craft**

The 2nd and 4th Wednesday of the month at 3 pm introduce your child to the Fun of Reading!

Participating children engage in a lively session of stories, arts and crafts, finger plays, and reading games.

10 May theme: Mother's Day Present

24 May theme: Dinosaur Craft

#### Computer Orientations @ the Library

The library will be offering computer orientations on different subjects the first Wednesday of each month at 2 pm to assist customers in accessing public computers. Our next orientation will be Wed, 3 May, 2006.

Library customers no longer need to own a compact disc player to enjoy the high quality sound of compact discs. If you like to listen to music while you study or relax with a book or magazine, step up to the library's circulation desk and check out a portable disc player and a headphone (for use inside the library). Have your ID card available.

#### Checking your email is faster than ever, with our new DSL connectivity!!!

Available in all public computers with Internet access. The Library has a collection of over 25,000 books, educational/recreational videos, audio books, and a compact disc collection for all ages. It also offers book loans through the computer from libraries outside of Puerto Rico. The Library has internet services for research and work, including Encyclopedias & Word Processing Programs.

# of Pue of

#### Thursdays after 4 pm at The Automotive Skill Center

An opportunity for ladies to learn how to perform some repairs/maintenance routines to their vehicles:

May 4. How to check you car fluids

May 11, 1/2 price on Wheel Alignment

May 18, 1/2 price on Air Conditioner Re-charge

May 25, Class on Auto-lift Usage

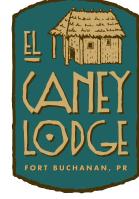
#### Free of cost. For details call 787-707-3972

The Automotive Skill Center hours of operation: Mon, Wed, Fri from 9 am to 6 pm; Tue and Thu from 10 am to 8 pm; Sat from 8 am to 5 pm and Sundays Closed.

#### El Caney Lodge,

#### **Great Access to Shopping Malls and Metropolitan Places of Interest...**

Are you stressed thinking about going shopping for Graduation, Mother's Day and other important dates? For your convenience we are located across the street from AAFES and near the best malls in the metropolitan area. Plaza Las Américas in Hato Rey is the Caribbean's largest shopping complex which features more than 300 stores, Plaza Carolina has over 195 stores, Santa Rosa Shopping Center and Plaza del Sol are located in Bayamón. San Patricio Shopping Center is located within walking distance from the Fort Buchanan main gate. Our location allows easy access to main highways that lead you to the malls either by car, bus or taxi. Don't wait any longer. Make your room reservations at EL CANEY LODGE! 787-792-7977



# ELECTRONIC



Categories, male & female:

17-29, 30-39, 40-49, 50-59, 60 & up · · · · · ·

START

add miles

add more miles



the ONE with more miles

Free Registration • Info: 787-707-3767

# RESISTANCE TRAINING

Wedneday,



class

#### at Fort Buchanan Sports & Fitness Center



Class will consist of a variety of toning exercises.

Free Registration.

For more information call:

Fort Buchanan Sports and Fitness Center at 787-707-3767.

Sports & Fitness Director

Luis Robles, Bldg. 1020-C 787-707-3277 luis.r.robles@us.army.mil

Fitness Center Acting Manager: Juan Sanfeliz, Jr. Bldg. 167 • 787-707-3767

Acting Sports Specialist: Roberto Fernández., 787-707-3277

#### **Hours of Operation:**

Mon - Fri, 5 am - 9 pm Sat, 8 am - 6 pm Sun, 9 am - 5 pm Call for Holidays hours update.

### Strength Training Seminar

Thursday, 18 May, 6 pm at the Fitness Center. Free of cost.

# Fitness Ongoing Programs:

# **Group Fitness, Aerobic Class:** Monday and Thursday 5:30 pm. 60 Mins.

Tuesdays: Body Toning Class, 5:30 pm.

# Healing Arts Classes: Monday and Wednesday 9 am

Wednésday 12 noon Tuesdays and Thursdays 4 pm

#### Civilian Wellness Program:

DoD employees are authorized work time up to 3 days per week, I hour a day, for 6 consecutive months to participate (once during employee's career). Enroll at the Fitness Center, with medical certificate signed by a doctor, supervisor's authorization, and the health risk questionaire. Details at 787-707-3767.

#### Cycling Class:

Mon - Thu, 5:30 am Wednesdays, 6 pm Mon - Thu, 12 noon & 4:30 pm Saturdays, 10:30 am Reserve the day before at 787-707-3767

#### Walking Program: Tue & Thur 4:30 pm

Pick-up Basketball: Monday thru Friday, 3:30 - 5:30 pm

#### Golden Age Program:

For patrons 50 years of age or over. Socialize and enjoy physical activities. Tuesdays and Thursdays from 9 - 10 am. Medical certificate required. Sign-up at the Fitness Center, 787-707-3767.



Racquetball Challenge: Mon thru Fri • I lam - I pm Tuesdays & Thursdays 4 - 7 pm During these hours participants sign-up to challenge the winner of preceding games. Racquetball court is open to all participants; no individual reservations made during this period. For details call 787-707-3767.





# Flea Markel

at AAFES/PX Sidewalk sponsored by MWR

**Saturday, 6 May 8 am - 2 pm.** POC Ms. Carmen Soto at 787-707-3778.

# Golf Training Program for Women

Use your little extra time to go after it!

#### Tuesday, 16 May 2006

Location: Bunker Bar and Practice Green Start time: 10 - 11am

# First Lesson: **Professional Golf Association Posture Grip & Alignment**

We not only teach you the correct golf swing, we also make sure you understand what you have learned. This allows you to become your own golf teacher when your golf swing goes south. Golf is a never ending building process of learning about your golf swing, regardless of your ability. Take a few personal golf lessons from Osiris Soto and be on your way to a pure fundamentally correct powerful, repeating golf swing.

**Register Now!** Spaces are limited to 10 golfers per session

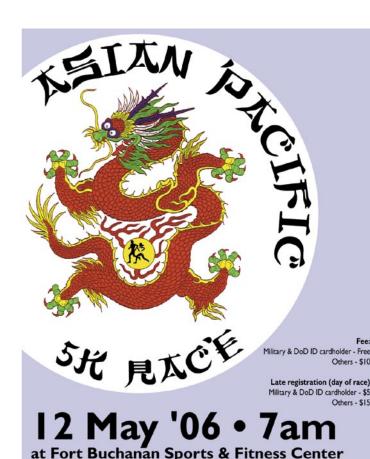
(Note: Program is oriented towards females but males are also welcomed to attend.)

For more information call 787-707-3980.



at Fort Buchanan Sports & Fitness Center

- Registration Deadline: 2 May Categories: Open, B and C (Male & Female)
   Awards for 1st and 2nd Place in all categories.
- Fees: Military and family, DOD ID Cardholders: Free/Others: \$12.00 p/p
- For more information call the Sports Office at 787-707-3277



For more information and to register call Sports Office at 787-707-3277



Friday, 19 May

Fort Buchanan Pee Wee Field
Gathering for formation at 6:30 am, run at 7 am.

 Armed Forces Troops alongside with civilians and DDESS Youth will display their esprit de corps in this 2 mile fun run!

Fresh fruits, beverages and surprises after the run. **Be there!** 

Sponsored by:





MWR Marketing, Advertising & Commercial Sponsorship.
The US Army does not officially endorse sponsors.

To get a free visor and a T-Shirt you must register by 4 May, by COB. For details contact the Special Events Coordinator at 787-707-3778.



#### "It Pays to INVEST in QUALITY!"

- CYS Chief, Dr. Irma Julia, Tel. 787-707-3399
- CDS Coordinator, Ms. Carmen Dieppa, Tel. 787-707-3598/3769
- SAS Director, Ms. María Martínez, Tel. 787-707-3468/3280
- MSP Rec. Specialist Assistant,

Mr. Isaac Cruz, Tel. 787-707-3783

• Teen Center Rec. Spec.,

Ms. Mildred Pérez, Tel 787-707-3826/3822

- Acting CLEOS, Ms. Mara
- Clemente, Tel 787-707-3432
   Supervisor Recreation
- Specialist YS, Ms. Mara Clemente, 787-707-3434
- Sports Specialist, Ms. Arlene Muñoz, 787-707-3466

# **Child & Youth Services**

Registrations are On-going



at SAS, MSP and the Teen Center for current participants. New participants must stop by Building 1020 A to register. Spaces are limited!!! Call us for more information at 707-3787 TODAY!

I-5 May
• Youth Week
Sponsored by Filler.

19 May • MSP Dance 7:30 - 11:30 pm at Antilles Middle School Cafeteria \$3 per teen



707-KIDS

A hotline to express your concerns or alert the School Liaison Officer and the Command of issues related to our youth. A way for the community to support our youth.

YS Baseball Closing Event Saturday, 20 May, 8:30 am

Thank you to the sponsors:

Banco Popular Filler PowerAid

The U.S. Army does not officially endorse sponsors.

Sponsored by:

#### **Gatorade**





ACCREDITED BY

#### "Real Teens Connected" for all Army affiliated youth...

The U.S. Army Community and Family Support Center, Child and Youth Services, Army Teen Panel is launching a website connecting the active Army and reserve components as well as Department of Defense civilian youth around the world. The website, "Real Teens Connected" (RTC), is for teens 13-18 years of age affiliated with Army Active Duty, National Guard, Reserves, Accessions Command, and Department of Defense Civilians. Real Teens Connected is a unique website because it offers a variety of services to ALL Army affiliated youth. To access RTC youth must have an Army Knowledge Online (AKO) account that is sponsored through parents/guardians or siblings. After confirmation go to the Boys and Girls Club of America (BGCA) website, www.bgcayouthnet.org, and register with the YouthNet site and login. Click on the menu tab "Army Teens" then, in the authentication box, type in your AKO user name and password. Users will have the benefits of "Real Teens Connected" as well as access to all that BGCA YouthNet has to offer! The RTC website is one of the various projects that the Army Teen Panel has accomplished.

#### POLICY MEMORANDUM: OUT OF SCHOOL SUPERVISION

Requirements for Elementary and Middle School children and Youth during parental duty hours has been approved by the Garrison Commander. Individuals interested in receiving a copy of the policy may request one at CYS Administrative Office, Bldg. 1020-A, Buchanan Heights. For details call 787-707-3787 or the CDC at 787-707- 3769.

Thank you to the Pentagon Federal Credit Union for sponsoring the Month of the Military Child.

# Army Community Service





# Family Advocacy Program FAP Classes during April:

- Ways to Deal with Stress & Anger
   3 & 24 May, 10 am 12 noon
- Parenting Class Dates to be announced, 10 am - 12 noon.
- New Parent Support, Morning Playgroup Thursday, 9 & 25 May

Classes st Bldg. 1019, Buchanan Heights. Please call FAP Educator, Ms. Carmen Rivera at 787-707-3698 for details.

#### Safety Class for Kids

Tue, 9 & 23 May, 3 - 4 pm at ACS Bldg. 1019, Buchanan Heights.

# Sexual Assault Prevention & Response Program AR 600-20

For military personnel only.

- Awareness Trainings
- •Response to victims 24 hours a day, 7 days a week.

Emergency line 787-406-4222

#### **Victim Advocate Services**

We provide support for victims of spouse, child abuse and sexual assault. For more information call Ms. A. Arroyo at 787-707-3481 and/or Ms. D. Luna at 787-707-3396.

#### **Military One Source**

Available at no cost to you, any time. We have consultants who speak Spanish. Phones are TTY/TDD accessible. En español, llame al I-800-375-5971 TTY/TDD: I-800-346-9188.

Online: www.militaryonesource.com User ID: Army • Password: Onesource For FAP program related information call Ms. Wilda Díaz at 787-707-3709 or wilda.diaz@us.army.mil.

# Army Corps of Volunteers & Employment Readiness Programs

# How to Apply for Jobs in the Federal Government

Wed, 4 May, 9:30 - 11 am at Bldg. 225. Register at ACS 787-707-3365, ivette.davila@us.army.m il. (for military)

• How to start your Own Business for Military, Veterans and Spouses. 23 & 24 May. Register at ACS 787-707-3365. ivette.davila@us.army.mil.

# Financial Readiness **Program**

# Financial Class: "Saving & Investing"

Tue, 23 May, 10 - 11:30 am at ACS, Bldg. 1019, Buchanan Heights.

#### "Large Purchases Training"

Wed, 31 May, 10 - 11:30 am at ACS, Bldg. 1019, Buchanan Heights.

For reservations call Arlene Romero at 787-707-3310 or email: arlene.romero@us.army.mil.

#### Relocation Readiness Program

#### Scrapbook Class

Tuesday, 9 May, 9 - 11 am at ACS, Bldg. 1019, Buchanan Heights. Use your favorite photos and some creativity and enjoy a relaxing time preserving and creating an interesting and fun way to present your favorite photos. For details call Ms. Lucca at 787-707-3682. Reservations are required.

#### **Farmer's Market Trip**

Thursday, I I May. Tour is via public transportation, 8:30 am - 12:30 pm. An opportunity to find fresh produce, specialty and bargain shops. For details & registration call Ms. Lucca at 787-707-3682/3697.

#### **Newcomer's Info Tour**

Thursday, 25 May, 7:30 am - 2 pm. An introduction to the installations' activities will be from 7:30 – 8:30 am. Bus departs the Community Club at 8:40 am for a tour of El Morro and Old San Juan. Returns to the club at approximately 1: 30 pm. Tour is free except for the cost of lunch. For details & registration call Ms. Lucca at 787-707-3682/3697.

The Army's Official website for military families is:

#### myarmylifetoo.com

#### Army Community Service

Director: Mr. Rafael Gilestra Tel. 787-707-3292 rafael.gilestra@us.army.mil • 7 am - 4:30 pm

# Exceptional Family Member Program

# Special Needs Resource Group Meeting • Theme: Day by Day, Raising the Child with Autism PDD • Tuesday, 16 May, 1:30 - 2:30 pm at ACS Conference Room, Bldg. 1019, Buchanan Heights. For details call 787-707-3295.

# Military & Family Life Consultants

The Soldier and Family Life Consultant's role is to help you with your daily living situations related to being part of the Army Community. We offer you help and support with issues such as: separation from your loved ones, personal relationships, adjustments to new situations and family concerns, among others. Services are **FREE** and **CONFIDENTIAL.** For more information or for a consultation, please call:

## Your Military and Family Life Consultants:

- Nina Martínez- Mondays thru Thursdays, 9 am - 5 pm, 787- 685-3423, Fort Buchanan
- Vanessa Villafañe- Tuesdays and Thursdays, 9 am 5 pm, 787-685-3428, Base Muñiz
- Norma Acevedo-Tuesdays and Thursdays, 8 am 5 pm, 787-685-3426, Aguadilla
- Virgilio Rodríguez, Mondays & Wednesdays,
   9 am 5 pm, 787-685-3431, Juana Díaz
- Ileans Surrillo, Tuesday Thursday, 9 am 5 pm, 787-685-3428, San Juan National Guard Center.

# COMMENTS FROM MARKETING, ADVERTISING & COMMERCIAL SPONSORSHIP

The Directorate of Morale, Welfare & Recreation is a services oriented organization at all levels. We take pride in completing our mission with each and every customer. Our services are very diverse among the same directorate but we are very well aware that we have to work as a team (because we also are customers from each other), so we can maintain an excellent customer service for everyone. Our customers deserved the best that we can offer. Customer service is always our main priority!!!

We take care of the Soldier and their Family members offering a variety of programs and events that cover from leisure activities to the serious business, like giving classes and orientations to help the Soldier and their family in dealing with common, and sometimes difficult situations. We strive for success in everything that we do, we learn and grow from all the experiences, good or bad.

To give you a little piece of info on how diverse we are: let's take for example the Marketing, Advertising & Commercial Sponsorship Office; our mission is to provide design and graphic support for all MWR events and programs; this support goes from flyers, posters, business cards, the electronic billboard to menu designs, signage and special event support. We are in charge of the preparation and editing of the MWR Caribbean monthly publication and the MWR Web page. We are responsible for soliciting Commercial Sponsorship for MWR Special events, and we are, also, in charge of the Paid Advertisement Program for the MWR fund. This is just a small example on what MWR is all about.

MWR is for All of your Life!

Myrna L. Narváez Supervisory, Marketing Specialist Golf Course Complex

# The New Bunker Bar Grand Opening soon!

Relaxed atmosphere, super sound system, just right TV and more.
Open Thursdays –Saturdays 3 – 9 pm.

# Sponsorship

Opportunities. Do you have or know someone interested in sponsoring the upcoming Fort Buchanan Golf Club 60th Anniversary events. Sponsors gain product visibility through a variety of media while helping us program what promises to be a "mega event". Please contact the MWR Installation Commercial Sponsorship Coordinator at (787)707-3719 for more info!

**Month End Madness** • Friday, 26 May Shotgun start at 12 noon, registrations at the Pro-Shop. Course closed to open play. Par 3's and practice facilities open. **Fee:** \$25 members/active duty, \$35 guests. Cost includes carts, greens fee, prizes and hors d'oeuvres.

Free Golf Clinics the 2nd and 4th Sundays of the month. Children from 12-2 pm, adults from 2-4 pm.

**GOLF MYTHS:** You must be a good athlete to play golf: Wrong! While athleticism helps competitive golfers, most players play for the love of the game. Because you are only playing against yourself and the course you can enjoy the game, no matter your athletic ability. Golf is an expensive sport: Wrong! Technology and the growth of the game have made golf a very reasonably priced experience. The cost of a set of clubs can be written off over a lifetime of golf, you will find at least one ball for every one you lose and the cost to play a round is cheaper than many other activities including paint ball, 4-wheeling, scuba diving, or even time in an arcade. It takes too long: Wrong! An average 18 hole round takes about 4 hours. However, if you don't have 4 hours to play you can play 9 holes in less than 2 hours. Players at Fort Buchanan also have the opportunity to play the 5 hole Par 3 course located near the San Patricio Gate. This takes an hour or less.

# Act Tele-ma The Box open on Sunday,

ling Center

<u>Golf Course Complex</u>

FORT BUCHANAN, PR

Acting Manager: Georgina Anderson
• Tel. 787-707-2695 • 787-707-BOWL
E-mail: georgie.anderson@us.army.mil

The Bowling Center will open on Mother's Day, Sunday, 14 May, 11 am - 7 pm

**Lunch Specials** 

**Daily Local Favorites, starting at 11 am.**\$5 includes Rice & Beans, Entree of the day & One Soda.

#### **Inter-League Tournament 2006**

Saturdays from 27 May through 8 July. Call the Bowling Center for details.

New hours of operations for Sundays are 11 am to 9 pm (except Mother's Day).



# RELOCATING IS EASIER THAN YOU THINK



Coldwell Banker Isla del Coquí, Inc., the largest real estate company in Puerto Rico and leader in the relocation industry, can do this job for you. Whether incoming or outgoing, let us, the professionals in relocation, help you sell your property or buy the house of your dreams.







Contact our Relocation Department at (787)**720-2461** Fax (787)**790-3759** 

or via email at relocation@islacoqui.com



Community Club & Conference Center

\$17.95

~ Brunch • 11 am - 2 pm

~ Live Music • 12 - 3 pm

For more information call 787-707-3535 No reservations required.